

Lewis Carrier Dressage

COVID-19 STATEMENT

Updated September 2020



Aim

SAFETY FIRST

We are all pleased to return to training, but we need to protect our sport and to protect each other in order to stay safe.



Guidelines

We all need to follow public health guidance for hygiene, and I will also follow guidance from British Dressage.



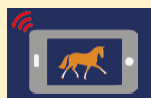
Social distancing

We need to maintain social distancing at all times.



Feeling ok?

I will not work or travel if I feel unwell. If you feel unwell before your lesson please let me know and we'll reorganise the lesson for another time. If you feel unwell during a lesson we'll stop the lesson.



Payment

Where possible please pay for your lesson by bank transfer, to minimise contact.



Risk assessment

I have carried out a general risk assessment for training visits and I will use that assessment as a basis for a specific assessment when I visit you.



Contact sheet

I maintain a contact sheet to record details of all training visits.



Food and drink

I will bring my own food and drink when I visit you.



Hand sanitising

I keep a supply of hand sanitiser and wipes.



Legal liability

Other than for personal injury or death caused by my negligence, I accept no liability for any accident, loss, damage, injury or illness to rider, horse, anyone accompanying you, or your property.